

DIRECTIONS AND PARKING

Contact Information:

Upstate Oasis
6333 Route 298
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Directions

Oasis is conveniently located off NYS Thruway Exit 35 at Carrier Circle by the DoubleTree Hotel. We are on the first floor at 6333 Route 298, East Syracuse, NY - in a modern glass building, known in Central New York Circles as the former "Telergy Building." The sign in front reads "MAPE". Enter the building through the main entrance at the circle drive.

FROM I-81 SOUTH (North of the Thruway):

Take I-81 South to NYS Thruway (I-90) going east. Travel I-90 East to Exit 35 (East Syracuse & Route 298 East). Enter traffic circle and get off at Route 298 East. Take Route 298 East and turn left at the DoubleTree Hotel entrance. Take the first right-hand turn. Proceed around to the circle and the Main Entrance of the building. Park either in the back or front parking areas. Enter the building through the main entrance at the circle.

FROM I-81 NORTH (South of Syracuse):

Take I-81 North to I-481 North (Exit 16A). Travel 481 North to Exit 7 (Bridgeport Exit). Make a right onto Route 298 West. Go about 3 miles on Route 298 and turn right at Alliance Bank. Take the second left-hand turn.

Park either in the back parking area or drive around to the circle and front parking areas. Enter the building through the main entrance at the fountain.

FROM I-90 (EAST OR WEST):

Take I-90 Exit 35 (same exit traveling from East or West). Enter traffic circle and get off at Route 298 East. Take Route 298 East and turn left at the DoubleTree Hotel entrance. Take the first right-hand turn. Proceed around to the circle and the main entrance of the building. Park either in the back or front parking areas.

FROM DOWNTOWN SYRACUSE:

Take Route 690 East to Thompson Road North Exit (16N). Travel Thompson Road North 3 miles to Carrier Circle. Take Route 298 East and turn left at the DoubleTree Hotel entrance. Take the first right-hand turn. Proceed around to the circle and the main entrance of the building. Park either in the back or front parking areas.

FROM HANCOCK INT'L AIRPORT (North of the Thruway):

Exit the Airport on Col. Eileen Collins Blvd. Take I-81 South to NYS Thruway (I-90). Travel I-90 East to Exit 35 (East Syracuse & Route 298 East). Enter traffic circle and get off at Route 298 East. Take Route 298 East and turn left at the DoubleTree Hotel entrance. Take the first right-hand turn. Proceed around to the circle and the main entrance of the building.

PARKING

Plenty of free parking is available at our new facility in the front, on the side, (around the circle drive) or in the back of the building.